



Counseling & Assessments at the SMART Center

Thank you for your consideration of counseling and assessment services!

The Counseling & Assessments division is an out-of-network provider and does not accept any medical insurance plans. Some services may be eligible for possible out-of-network reimbursement. Be cautious that if your insurance coverage grants x percentage of out-of-network services reimbursement this percentage is based upon what your specific insurance company deems typical and customary for a specific code not a promise to automatically reimburse x percentage of our center's specific fees.

All correspondence with a patient's insurance company regarding reimbursement is between the patient/family, as the member, and their insurance company. We cannot promise reimbursement for our services as every insurance provider is unique in their coverage conditions.

Provider Options: Rendered or supervised by

- Licensed Medical Physician – Elisa Shipon-Blum, D.O.
- Licensed Clinical Psychologist – Jenna Blum, Psy.D.
- Licensed Professional Counselor – Jennifer Brittingham, M.A., L.P.C.
- Supervising Clinician – William La Valle, Psy.D.

Methods Available: In-person or telehealth (web-conferencing)

Coding Charts:

Counseling Services	Descriptor	Service Length	Mental Health Procedure Code
Intake Appointment	Intake for Counseling or Assessments	45 minutes	CPT: 90791
Weekly Follow-Up	Individual Psychotherapy	45 minutes	CPT: 90834
Parent Management Training	Family therapy without patient present	45 minutes	CPT: 90846

Assessment Services	Code Duration	Mental Health Procedure Code
Test Administration & Scoring	First 30 minutes	CPT: 96136
Test Administration & Scoring	Time after first 30 minutes	CPT: 96137
Test Evaluation Services	First 60 minutes	CPT: 96130
Test Evaluation Services	Time after first 60 minutes	CPT: 96131